
ABOUT THE PROGRAM

Chante Wowashake Mentorship Program provides mentors to youth and young adults who will benefit from the extra attention, support, guidance, networking, and engagement, a mentor can provide. The program trains well selected adults to be mentors in a one-on-one relationship with a Native American youth, based on similar interests and goals, to become gatekeepers in the community for one full year.

We are currently seeking mentors and youth for the program.

GOALS OF THE PROGRAM

Chante Wowashake Mentorship Program coordinates safe, constructive, and meaningful relationships between youth mentees and carefully- matched adult mentors that will positively impact the youths'/mentees' present and future well-being. The mentorship experience is a healthy, reliable interaction that enriches the mentee with beneficial life experiences, care, support, resiliency to substance abuse, suicide ideation and a lasting influence in their lives.

THE POWER OF MENTORSHIP

*Mentoring for American Indian and Alaska Native youth appears to have the potential to improve academic outcomes (e.g., academic performance, school attendance), health outcomes (e.g., mental health, obesity), interpersonal strengths (e.g., confidence, leadership), and social relationships ...

*<https://nationalmentoringresourcecenter.org/resource/american-indian-and-alaska-native-youth/>



Nebraska
Minority Resource Center

FOR MORE INFO CONTACT:

NEBRASKA MINORITY RESOURCE CENTER

332 N Main St.
PO Box 222
Gordon, NE
69343

Phone: 308-282-0510
Email: info@nmrc-inc.org
WWW.NMRC-INC.ORG/STRONGHEARTS

NEBRASKA MINORITY RESOURCE CENTER

NMRC: A 501c3 Charitable Non-Profit Organization

Čhante Wówaš'ake Strong Hearts Mentorship Program



Text keyword "StrongHearts" to (833) 579-0997

Rates may apply; for information on our terms go here: <https://www.nmrc-inc.org/terms>

Youth Eligibility

INCLUDED IN THE MENTORSHIP PROGRAM

The Chunte Washake Strong Hearts

- Between the ages 13-24
- Residing in Cherry, Sheridan, Dawes or Box Butte Counties
- Of any American Indian background
- Male / Female or Two Spirit
- Have consent and support of a parent/guardian to participate
- Voluntarily want the mentorship experience
- At all vulnerable to suicide ideation and developing substance abuse behaviors

Youth may be referred by their families, social service agencies, community mental health centers, hospitals, court systems, and/or school systems by submitting a Youth Mentee Referral Form to NMRC Mentorship Program or by contacting program staff directly.

Text keyword: **stronghearts**

To: **(833) 579-0997**

OR

JOIN US @

www.nmrc-inc.org/stronghearts

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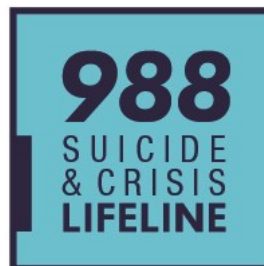
Group events and activities for all youth and their mentors at no cost

FOR MENTORS

- Fulfilling experience caring for a young person
- Positive adult friendships
- Ongoing training and assistance planning activities and working with the youth mentee
- Demonstrated work-related experience and social responsibility
- Community Service

FOR YOUTH

- Exposure to regional cultural sites, events, and people
- Engagement in various fun and learning cultural activities
- Opportunity to practice and develop social skills and personal talents
- Assistance to Native youth and their families in obtaining other social services as needed



Čhaŋte Wówaš'ake Mentorship Program Contacts:

We are seeking both mentors and youth for the program. If you are interested in becoming a mentor, want to refer a youth, or are seeking more information,

**CALL, E-MAIL OR CONTACT
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CENTER**

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